

City of Maryland Heights Guide to Parks & Recreation

# SUMMER 2021

## Aquaport Grand Reopening

Free for Residents and  
Season Pass Holders • Page 27

### PROGRAMS & EVENTS

## SUMMER CAMP REIMAGINED

New themes every week June-August • Page 21

## FAMILY MOVIE NIGHTS & CONCERTS RETURN IN MAY

All movies and concerts are family friendly • Page 26

## JINGLE JANGLE IN JULY

Celebrate the winter season in the middle of summer • Page 28

Maryland Heights  
Parks & Recreation



## Location and Hours

### Maryland Heights Community Center

2300 McKelvey Road, Maryland Heights, MO 63043

Monday-Friday: 5:30 a.m.-8:00 p.m.

Saturday-Sunday: 9:00 a.m.-5:00 p.m.

*(Hours are subject to change)*

Phone: (314) 738-2599 • Fax: (314) 738-2598

[www.marylandheights.com/mhcc](http://www.marylandheights.com/mhcc)

## Meet the Staff

### Interim Director of Parks and Recreation

Adam Peper, CPRP

### Recreation Manager

Jennifer Van Dyke, CPRP

**Superintendent of Facilities:** Shawn Corcoran

**Superintendent of Parks:** Charlie Milligan

**Aquatics Supervisor:** Travis Cooksey

### Recreation Specialists

Austin Black • Ashley Giebe • Britney Moore

Tracey Whitaker, CPRP • Nancy Whitener, CPRP

**Recreation Assistant:** Tosha Johnson

**Reservations and Rentals:** Debbie Adams

### Communications/Marketing Specialist

AJ McNaughton

**Inclusion Coordinator:** Malory Smysor, CTRS

(314) 290-8507 • [msmysor@claytonmo.gov](mailto:msmysor@claytonmo.gov)

### Parks and Recreation Advisory Commission

Chair: Lori Brinkman

Vice Chair: Jennie Shane

Secretary: Stacy Pfeiffer

Members: Cathy Dirck • Ray Knoche • Mickey McAllister  
Steve Sims • Lori Sommer • Liz Renaud • Becky Wells



*Programs are subject to change.  
See page 5 on the best ways to stay up to date.*

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**Maryland Heights Police Officer Terry Mancusi hands out free ice cream during a Family Movie Night at Vago Park. Read more about our Family Movie Nights, page 26.**

## Impact of COVID-19

In 2020, the world was thrown a curve ball with the emergence of the COVID-19 virus. Over a year later, a sense of normalcy has returned but the impact from the virus is still felt throughout the community. Because of this, Maryland Heights Parks & Recreation facilities and programs have been modified from their "normal" operations.

Safety of our patrons and staff is a top priority. Our department follows all St. Louis County guidelines to ensure the safety of everyone attending programs and using our facilities.

Our facilities and programs have a capacity limit and as such, preregistration is required for most activities.

As local guidelines change, modifications will be made to programs and the operation of facilities to meet these ordinances. With that in mind, the information in this guide is subject to change with short notice. For the best ways to stay connected with changes, see page 5 of this brochure or call the Community Center at (314) 738-2599.

## Community Center Operations

The Maryland Heights Community Center is open and accepting new memberships. Preregistration is required for most activities including basketball, family swim, pickleball, lap swim, volleyball and more. For an overview of the changes in operations at the Community Center, see page 12.

## Free Event Preregistration

While a majority of our Special Events (pages 24-30) are free to attend, they will require preregistration to ensure the safety of all those in attendance. Our department utilizes Eventbrite to register for these events. Visit [www.marylandheights.com/upcoming](http://www.marylandheights.com/upcoming) to view the calendar and to find links to preregister for specific events.

## Stay Connected

As COVID-19 restrictions continue to change, the operation of our facilities and programs may change as well. The good news is there are numerous ways for you to stay connected and up to date on everything going on with the Parks & Recreation Department. See page 5 for the best ways to "Stay Connected."

## Registration Information

Throughout this brochure most programs and activities are listed with a URL on how to register. **Before you are able to register online, you must set up an account with the Parks & Recreation Department.**

In order to receive resident rates, Maryland Heights residents must bring in proof of residency and those who are employed by a business within the City must bring proof to the Community Center (see page 6). Non-residents or Maryland Heights residents who do not wish to receive resident rates can call the Community Center at (314) 738-2599 to setup an account.

Once your account has been established, you will be able to register online at [www.marylandheights.com/webtrac](http://www.marylandheights.com/webtrac). The first time you log in, your username is your phone number (including area code, no dashes or spaces) and your password is your last name. The system will prompt you to set up a new password during your first login.

The Parks & Recreation Department also utilizes MindBody for group exercise classes, group training, personal training, massages and private swim lesson registration. For more information, visit [www.marylandheights.com/MindBody](http://www.marylandheights.com/MindBody).



### Common abbreviations used for fees:

M: Get Fit/Community Center Members  
R: Maryland Heights Privilege Card Holders  
NR: Non-residents  
SP: Aquaport Season Pass Holders

### Age guidelines:

Youth: 4-15 • Adult: 16-61 • Senior: 62+

## Registration Deadlines, Refunds and Program Cancellations



Unless otherwise stated in the description, registration will remain open until the day before the program begins. All programs have a minimum and maximum enrollment. If the program meets its maximum enrollment, no other patrons will be able to sign up. It is important to register early if you are interested!

If a program does not meet its minimum enrollment requirement, it may be canceled. Patrons that have signed up for a program that is canceled due to low enrollment will receive a refund. To view our full payment and refund policy, visit [www.marylandheights.com/signup](http://www.marylandheights.com/signup).

Occasionally, programs/events are canceled due to weather. Depending on the program, a Recreation Specialist will contact you or it will be posted on our social media pages, the City's website and via the MHparks mobile app. See page 5 on the best ways to stay up to date with the Parks & Recreation Department.

## Stay Connected


As COVID-19 restrictions change, the operation of our facilities and programs may change as well. The good news is there are numerous ways for you to stay connected and up to date on everything going on with the Parks & Recreation Department.

## Social Media


Follow us on social media and receive updates on program registration, facility closures and more.

 /MarylandHeightsParksandRecreation

 /MHCommCenter

 /Aquaport

 @Aquaport

 @Aquaport

 /CenteneCommunityIceCenter

 @STLCIC

 @STLCIC

 City of Maryland Heights

## The City's Website

The City of Maryland Heights' website, [www.marylandheights.com](http://www.marylandheights.com), posts updates on events and changes to facility operations as they become available. These changes are posted on the homepage of the website under "Recent City News" for news items, as well as "What's happening in Maryland Heights?" for events.



## MHparcs Mobile App

The free MHparcs mobile app is available for download on the App Store and Google Play. Some features of the app include:

- Receive push notifications about facility closures/ weather delays at the Community Center and Aquaport, info on program cancellations and more.
- Use the digital key fob for easier check-in at the Community Center and Aquaport.
- View the Group Exercise Schedule, Gym Schedule and Indoor Aquatic Center Schedule.
- Send a message directly to the Parks & Recreation Department.
- Find more information about our facilities, parks and trails.
- See the latest news from our social media channels.
- Browse the current Parks & Recreation Brochure and find links for program registration.



## Search MHparcs in the App Store or Google Play



## Email Newsletter

Another great way to stay up to date is to sign up to receive the monthly Parks & Recreation email newsletter. We will send updates on programs, activities and more directly to your inbox. Other email newsletters available with Maryland Heights include the monthly City Newsletter, biweekly City Planner's Report and bimonthly Mature Matters.

Learn more or sign up by visiting [www.marylandheights.com/mhlife](http://www.marylandheights.com/mhlife).



## Maryland Heights Privilege Card

Residents of Maryland Heights and those who are employed by a business within the city are eligible to receive special perks and discounts on programs, activities, memberships, rentals and more with a Maryland Heights Privilege Card.

In order to receive these perks, you must first bring in proof of residential/corporate residency or guardianship for individuals 4-17 years old to the Community Center for each person living within the same household. To ease this process, one adult member of the family may bring in the information for everyone in their household. Once your account has been established you will receive your Maryland Heights Privilege Card(s).

All Privilege Cards are valid for one year from the date of purchase and must be renewed annually. The cost to replace a lost or damaged card is \$5. A Privilege Card is included in the price of 6 and 12 month memberships at the Community Center and/or Aquaport season passes for residential and corporate residents of Maryland Heights.

### What are the benefits of a Privilege Card?

- Discounted rates on select programs, birthday parties, pavilion and room rentals
- Discounted rates on daily admission and memberships at the Community Center
- Discounted rates on daily admission and season passes at Aquaport
- Use of FlowRider included in admission at Aquaport
- Exclusive hours of entry at Aquaport
- Dedicated VIP entry at Aquaport



### What a resident needs to bring to the Community Center to buy/renew a Privilege Card:

1. Your photo ID
2. Proof of residency including one of the following:  
An unpaid utility bill or current bank statement or voter ID card or an occupancy permit.
3. \$5 (Cash, check, Visa or Mastercard accepted)

### What a corporate resident needs to bring to the Community Center to buy/renew a Privilege Card:

1. Your photo ID
2. Proof of business residency including one of the following: Paycheck stub dated 30 days or less or an official note on company letterhead dated within 30 days that states you are a current employee at a location within Maryland Heights.
3. \$5 (Cash, check, Visa or Mastercard accepted)

### What you need to bring to the Community Center when purchasing/renewing a Privilege Card for an individual 4-17 years old:

1. Your photo ID
2. Proof of guardianship including one of the following:  
Report card or birth certificate or passport or insurance card or social security card.
3. \$5 (Cash, check, Visa or Mastercard accepted)

## Accessibility

The City of Maryland Heights welcomes individuals of all abilities to enjoy our programs, parks and facilities. The City of Maryland Heights participates in the Mid-County Inclusion Partnership to provide inclusion services to our community. If you or someone you know require accommodations or assistance to participate in recreational programs or city services, please notify us at registration and contact Malory Smysor, Inclusion Coordinator (contact info below). A minimum of 21 days notice is required when inclusion services are needed. The City of Maryland Heights also has a Sound Mate Hearing Assist System for those patrons that may need assistance in hearing during a meeting or presentation. These individual assist units are available by contacting the Welcome Desk. Individuals with hearing disabilities may also call Relay Missouri at (800) 735-2966.

We strive to comply with the Americans with Disabilities Act (ADA) and welcome comments. If you have a concern in regards to the ADA, please contact Malory Smysor at (314) 290-8507 or [msmysor@claytonmo.gov](mailto:msmysor@claytonmo.gov).

## Gift Certificates

Recreation is the perfect gift for everyone! Gift certificates are available for purchase at the Community Center and can be used towards memberships, programs and just about anything with the Parks and Recreation Department!

## Inter-City Exchange

Maryland Heights Privilege Card holders receive resident rates at Berry Hill Golf Course from March 1-December 22. Cardholders also receive resident rates at the Creve Coeur Golf Course from May 15-September 15 and the Creve Coeur Ice Rink year round. Please bring the receipt from your Privilege Card purchase to take advantage of this offer.

## Join Our Team

We are currently seeking talented instructors to teach programs at the Community Center including developmental, fitness/wellness, aquatic, social groups, cultural arts, community service, inclusion and adult/youth sports. If you have an idea for a program, contact Jennifer at (314) 738-2542 or [jvandyke@marylandheights.com](mailto:jvandyke@marylandheights.com) to start the application process.

## Lost and Found Policy

Maryland Heights Parks and Recreation is not responsible for lost or stolen articles. Facility users are encouraged to keep all valuables in a locker. Maryland Heights Parks and Recreation Staff are not permitted to hold equipment, valuables or bags for facility users. Please ask for our lost and found policy for more information.



## Photo Policy

Our staff reserves the right to take photographs of you and/or your child participating in classes, events, programs, using our facilities, properties or during any event sponsored by the Maryland Heights Parks and Recreation Department. Photographs may be used in print and/or electronic publicity without any obligation to provide compensation to those photographed.

Attendance at our programs and events constitutes consent to be photographed. If you do not want to be photographed or for us to use a photo of you and/or your child, please inform the photographer or the staff member coordinating the event before the program begins. A photography release form may be required when participating in certain classes, events, leagues or programs.

## Scholarships

The Maryland Heights Parks and Recreation scholarship program provides youth with access to the recreation and leisure activities of their choice, regardless of ability to pay. Children ages 17 years and younger living within the Maryland Height's city limits may qualify through the established guidelines of Division of Family Services. Children who do not meet these guidelines may still qualify and are encouraged to apply if assistance is needed. Children may receive assistance with one program per brochure, with a maximum of three per year. Please contact the Parks and Recreation Department at (314) 738-2599 for more information.



Creve Coeur Park  
(Operated by St. Louis County)

## Facilities, Parks & Trails in Maryland Heights

		Basketball	Barbecue Grills	Dog Park	Fitness Stations	Horseshoe Pits	Ice Skating Rinks	Indoor Pool	Little Free Library	Memorial Garden	Outdoor Pool	Pavilion	Playground	Picnic Tables	Restrooms	Softball Field	Splash Pad*	Volleyball	Walking Paths
<b>A</b>	Aquaport										•			•	•				
<b>B</b>	Centene Community Ice Center						•								•				
<b>C</b>	Community Center	•			•			•							•			•	
<b>D</b>	Dogport			•										•	•				
<b>E</b>	Eise Park	•	•						•			•	•	•	•		•		•
<b>F</b>	Fee Fee Greenway													•					•
<b>G</b>	McKelvey Woods Nature Park																		•
<b>H</b>	McKelvey Woods Park											•	•	•	•				
<b>I</b>	Parkwood Park		•		•				•			•	•	•	•				•
<b>J</b>	Quiet Hollow Park				•									•	•				•
<b>K</b>	Vago Park	•	•		•	•				•		•	•	•	•	•	•	•	•
<b>L</b>	Walking Path - McKelvey Woods to Quiet Hollow																		•
<b>M</b>	Walking Path - Parkwood to Vago																		•

\* The splash pads at Vago and Eise Park are open May 1-Sept. 30, weather permitting.





# AQUAPORT

## MARYLAND HEIGHTS, MO



AQUAPORT

2344 McKelvey Road

- Open 12:00-7:00 p.m. Daily
- Season pass holders and Maryland Heights Privilege Card holders are able to enter at 11:00 a.m. Monday-Friday and at 10:00 a.m. Saturday-Sunday. (Registered groups are also able to enter at 11:00 a.m. Monday-Friday.)

Maryland Heights' outdoor water park, Aquaport opened in 1998 and has since become a regional attraction boasting multiple water slides, a lazy river, kids' area and more. Upgrades completed in 2020 include a new entrance, new concessions stand, new filtration system and the new FlowRider surfing simulator.

	Resident	Non-Resident
<b>Daily Admission</b>		
Adult	\$5	\$15
Youth or Senior	\$4	\$10
Ages 3 & Under	Free	Free
Add FlowRider	Free	\$3
<b>Season Pass</b>		
Adult	\$100	\$160
Youth or Senior	\$75	\$120
Family*	\$160	\$260

\*A family season pass includes two adults and any dependents, ages 4-17, that reside in the same household. You must provide proof of residency/guardianship for all members of the household.

### Guest Pass Policy

Patrons with a current Maryland Heights Privilege Card may bring two guests per day, per cardholder at the resident daily rate. Season pass holders of Aquaport can bring four guests per day, per cardholder at the resident rate.

### Specials and Discounts

- **Half-Off Admission:** Guests visiting after 5 p.m. receive 50% off of the designated gate price (excludes FlowRider).
- **Military Discounts:** Active military members receive FREE admission on Memorial Day and Fourth of July with a military ID. Active military and their immediate families receive resident rates everyday with a military ID.

### Private Rentals

Aquaport can be reserved outside of daily operating hours for private parties. Entire facility rentals can be scheduled for 2-3 hours or 1-3 hours for FlowRider only. Fees must be paid at the time of the reservation. Contact Travis at [tcooksey@marylandheights.com](mailto:tcooksey@marylandheights.com) for a contract.

- **Aquaport Rental with FlowRider:** Available for rental Friday-Sunday after 7:30 p.m.  
**Fee: R: \$500/hour\* • NR: \$550/hour\***  
*\*Plus a \$200 refundable damage deposit*
- **FlowRider Rental Only:** Available for rental before and after normal operating hours.  
**Fee: R: \$125/hour • NR: \$150/hour**



## Birthday Parties

Due to COVID-19 restrictions, we are not currently taking reservations for birthday parties at Aquaport. See page 5 on the best ways to stay up to date once we start taking reservations.

## Group Rates

Group rates are available for organized groups (such as Boy/Girl Scouts, youth groups, athletic teams, day camps) of 15 or more people on weekdays only. The number of groups allowed in a day is limited. Interested parties can fill out the request form by visiting [www.marylandheights.com/aquaport](http://www.marylandheights.com/aquaport). Request must be submitted a minimum of 14 days in advance. The FlowRider is not included in group rates. It cannot be added during normal operating hours, but can be rented for exclusive use from 10:00-11:00 a.m. for an additional fee. For more information on renting the FlowRider, call (314) 738-2563.

**Fee: Adult: \$8/person**

**Children (Ages birth-15): \$6/person**

## Little Splashers

**Monday-Thursday, June 1-August 19 • 9:30-10:30 a.m.**

(Ages 6 months-5 years) During this private swim time, kids up to five years old and their guardians will have exclusive use of the Kid's area at Aquaport before it opens to the public. Cost is per child and adults are free. Sprays and features will remain off on Tuesdays and Thursdays.

**Fee (per session): SP: Free • R: \$4 • NR: \$5**

Preregistration not required, pay at the door

## FlowRider Lessons

**Monday & Wednesday, June 7-16**

**Tuesday & Thursday, June 8-17**

**Monday & Wednesday, June 21-30**

**Tuesday & Thursday, June 22-July 1**

**Monday & Wednesday, July 12-21**

**Tuesday & Thursday, July 13-22**

**Monday & Wednesday, July 26-August 4**

**Tuesday & Thursday, July 27-August 5**

**9:30-10:00 a.m. • 7:15-7:45 p.m. • 7:45-8:15 p.m.**

Surf's up! Experience the thrill of riding a wave on the all-new FlowRider — no ocean required! Our instructors will be on-site and will start you off bodyboarding across the rushing water. Once you're ready, they'll let you hop up and start surfing.

**Fee (per session): R/M/SP: \$40 • NR \$50**

Register at [www.marylandheights.com/webtrac](http://www.marylandheights.com/webtrac)

## River Walking

**Monday-Thursday, June 1-August 19**

**9:30-10:30 a.m. • 7:15-8:15 p.m.**

(Ages 14+) Walk against the current of the Lazy River for a workout without the sweat! There is no instructor for this program. Participants will walk at their own pace. One time drop-in and ten visit swipe cards are available.

**Fee (per session) : SP: Free • R Drop In: \$5**

**R 10 Visit Swipe Card: \$45**

**NR Drop in: \$6**

**NR 10 Visit Swim Card: \$55**

Preregistration not required, pay at the door

For more information including rules and regulations, visit: [www.marylandheights.com/aquaport](http://www.marylandheights.com/aquaport)



# CENTENE

## COMMUNITY ICE CENTER



750 Casino Center Drive • Visit [www.centenecommunityicecenter.com](http://www.centenecommunityicecenter.com) for hours

The official practice home of the NHL's St. Louis Blues, this 277,000 square foot facility features three NHL sized indoor ice rinks, as well as one covered outdoor rink that transitions into an amphitheater in the warmer months for community events such as concerts and festivals. The Ice Center also features a strength and conditioning center, skill development areas and can host special events for a multitude of occasions.

### Resident Discounts

Maryland Heights residents receive a discount on public skating and Learn to Skate Programs at the Ice Center. To receive this discount, residents must obtain a free Centene Community

Ice Center Resident Card, which can only be provided by the Department of Parks and Recreation at the Maryland Heights Community Center. This is a separate card from the Maryland Heights Privilege Card for Parks and Recreation programming.



To receive an Ice Center Resident Card, you need to bring these two items to the Community Center:

**1.** Your photo ID and **2.** Proof of residency including an unpaid utility bill, current bank statement, voter ID card or an occupancy permit

When registering your child, you need to bring these two items to the Community Center:

**1.** Your photo ID and **2.** Proof of guardianship including a report card, birth certificate, passport, insurance card or social security card.

### Learn to Skate

**Tuesdays, June 1-July 13 (no class June 29)**

**Saturdays, June 5-July 17 (no class July 3)**

**Saturdays, July 24-August 28**

**Tuesdays, July 27-August 31**

(Ages 3-Adult) The Centene Community Ice Center offers classes for figure skating, hockey and just for fun from ages 3 to adult. No experience is required. All classes include 30 minutes of lesson time and 30 minutes of practice time. Price includes skate rental during class and five public skating passes. All participants must register with Learn to Skate USA at [www.learntoskateusa.com/registration](http://www.learntoskateusa.com/registration) prior to enrollment. Registration is required at least one week in advance of the start date.

**Fee\* (per session): R: \$80 • NR: \$90**

\*Plus an annual \$16 Learn to Skate USA membership  
Register at [www.marylandheights.com/sports](http://www.marylandheights.com/sports)

### Public Skating

Public skating is available seven days a week at the Ice Center for skaters and families looking for a fun day out or even looking for a new way to exercise. Visit [www.centenecommunityicecenter.com](http://www.centenecommunityicecenter.com) to view the current public skating calendar.

**Fee: R: \$5 admission, \$3 skate rental**

**NR: \$7 admission, \$4 skate rental**

## Maryland Heights Community Center



**2300 McKelvey Road • Monday-Friday: 5:30 a.m.-8 p.m. • Saturday-Sunday: 9 a.m.-5 p.m.**

In the spring of 2017, the state of the art Maryland Heights Community Center officially opened to the public. Home to the Department of Parks & Recreation, the 92,000 square foot facility includes an expansive Fitness Center, an Indoor Aquatic Center, Gymnasium, Senior Lounge, Play Center, preschool and multiple rooms to rent for meetings, programs or events.

### Impact of COVID-19 on Facility Operations

Members, Maryland Heights residents, as well as non-residents are welcome to use the Community Center. All applicable daily usage fees apply. Certain criteria must be met to enter the facility including wearing a mask/face cover, temperature check, verbal response to COVID-19 symptoms questions and the use of hand sanitizer. Masks are required at all times while in the facility except while actively swimming.

Per St. Louis County guidelines, there may be a capacity limit for the building. If the building is at capacity, patrons will have to wait to enter until another member leaves. There also may be age restrictions to use the facility. See page 5 on the best ways to stay current on the Community Center's operations.

Reservations are not required to use the Fitness Center. Use of equipment is on a first come, first serve basis. Equipment is available unless marked closed. Patrons must disinfect machines, free weights and bars before and after each use. The Indoor Track is open for walkers only. Passing must be done with social distancing. Masks are required while exercising.

Preregistration for activities in the gymnasium are required such as badminton, basketball, pickleball, volleyball and family activities. Sign up through MindBody at [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody). Patrons must bring their own equipment. No spectators are allowed outside of those registered for each session. Masks are required while participating in gym activities.

Preregistration is recommended to use the Indoor Aquatic Center including lap lanes and tot/family swim. Sign up through MindBody at [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody). Guests may use unoccupied lanes without a reservation, but may be asked to vacate that lane when a guest with a reservation arrives for their time slot. Lane lines are single use and may not be shared. You must wear a mask entering and exiting the Indoor Aquatic Center, but you are required to take off your mask while in the pool.

The Senior Lounge and Play Center are closed at this time. Room rental requests are being accepted, but must follow all St. Louis County regulations including capacity limits. Our staff works diligently throughout the day cleaning and disinfecting surfaces on a regular schedule.

## Age Guidelines

Individuals 9 and younger must be accompanied to and from programs/activities, as well in the lobby/areas with public access by an individual 16 or older.

Individuals 11 and younger are not allowed in the fitness area which includes cardio equipment, weight machines and free weights. Individuals 12-13 are welcome to use the Fitness Center with a supervising adult once they have completed an equipment orientation session. Individuals who are 14-15 may use the Fitness Center unaccompanied once they have completed an equipment orientation session.

Individuals 10 and older may use the Indoor Track. Individuals 10 and younger may use track if accompanied by an adult and have signed a track orientation form.



## Fitness Center Features

- Assortment of weight training stations.
- 30 pieces of cardio equipment including interactive ellipticals, treadmills, bikes and step mills that connect to the internet.
- Indoor track
- We partner with Active and Fit, Silver and Fit, Renew Active and Silver Sneakers.

## Code of Conduct

The use of abusive or profane language will not be tolerated. Staff reserves the right to address any witnessed or reported concerns related to conduct or disruptive behavior. Disruptive behavior is not allowed and may result in membership suspension or termination. Patrons participating in any programs or utilizing any facility or service offered by the Maryland Heights Community Center are expected to conduct themselves in a respectful and appropriate manner. Any patron violating this expectation subjects themselves to membership suspension, termination or discontinuation of service or program.



## Gymnasium Features

- Two full courts that includes twelve basketball hoops, two drop down volleyball nets, divider curtains and lines to play basketball, volleyball, pickleball and badminton.
- Reservations can be made for instructional/recreational youth programs and adult sport programs.
- No strollers or wagons are allowed inside the gym.

## Indoor Aquatic Center Features

- Three lap lanes, zip-line, current channel, drop slide, climbing walls and kids' area.
- Aqua aerobics classes, swim lessons and designated open swim times.
- Locker rooms for men, women and families have direct access to the pool.

## Senior Lounge

**Our Senior Lounge is currently closed due to St. Louis County Restrictions. See "Stay Connected" on page 5 for the best way to get notified once we reopen.** Open to everyone ages 55 or older at no cost, except when scheduled programs are occurring. Prior to going to the lounge, we ask that you check in at the Welcome Desk or sign the sheet in the lounge. The lounge is equipped with a high definition television, lounge furniture, card tables, public computer station and coffee to enjoy. While you are there, check out the display board for upcoming programs and events tailored to active adults.

Prohibited general conduct includes:

- Conduct which is obscene or indecent.
- Threatening physical abuse, intimidation, coercion or conduct which threatens the health or safety of others is prohibited.
- Disrupting or obstructing a program or patrons utilizing the facilities or services.
- Harassing any patron or staff during a program, in our facilities or utilizing our services through unwanted conduct that causes reasonable fear or safety, such as stalking, or is sufficiently severe, pervasive and persistent that it interferes with the person's services or facilities.



## Community Center Memberships

Your membership to the Community Center includes:

- Use of the Fitness Center, Indoor Aquatic Center and Gymnasium
- Free Privilege Card that grants you discounted rates on select programs (12 & 6 month memberships only)
- Unlimited Group Exercise Classes (Get Fit only)

	Resident	Non-Resident
<b>Get Fit Membership*</b>		
Adult	\$450/annually \$68/month	\$490/annually \$74/month
Senior	\$400/annually \$60/month	\$430/annually \$65/month
Adult Plus One	\$350/annually \$58/month	\$370/annually \$64/month
Senior Plus One	\$300/annually \$50/month	\$330/annually \$55/month
<b>Basic Membership*</b>		
Adult	\$200/annually \$30/month	\$240/annually \$36/month
Youth or Senior	\$150/annually \$23/month	\$180/annually \$27/month
Family (2 adults/2 children)	\$450/annually \$68/month	\$540/annually \$81/month
Additional Child (ages 4-24)	\$50/annually \$8/month	\$60/annually \$9/month
Plus One	\$100/annually \$15/month	\$120/annually \$18/month

\*Memberships are also available for 3 and 6 month. Visit [www.marylandheights.com/memberships](http://www.marylandheights.com/memberships) for pricing.

## Daily Usage, 20 Visit Value Card & Get Fit Pass\*

Those who do not wish to commit to a membership may pay the daily usage fee to use the Community Center. You can also pay the daily usage fee to try any class on the Group Exercise if space allows. 20 Visit Value Cards are available for those whose schedule is a little more sporadic. Value cards are good for 20 visits and expire one year from the date of purchase.

Get Fit Passes allow you access to any group exercise class on the schedule. This pass expires six months from purchase date.

	Resident	Non-Resident
<b>Daily Usage</b>		
Adult	\$8	\$10
Youth or Senior	\$6	\$8
<b>20 Visit Value Card</b>		
Adult, Youth or Senior	\$100	\$140

	Member	Non-Member
<b>Get Fit Pass*</b>		
8 Classes	\$24	\$68
16 Classes	\$80	\$112
24 Classes	\$96	\$144

\*Purchase at [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody)

## Guest Policy

Every Community Center member or Privilege Card holder may bring up to 2 guests per day at the resident daily rate. Members must enter with their guest. All guests age 16 years and older must show a photo ID.



## Chair & Table Massages with Hayley's Haven Mobile Massage

With Hayley's Haven Mobile Massage, you can relax and recover after your workout. Massages pair well with many types of wellness routines including chiropractic, yoga, physical-fitness training and more. Register at [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody).

## Personal Training

(Ages 14+) Certified fitness professionals will design your exercise routine and guide you towards achieving your fitness goals. Investing in a personal trainer is for individuals who are:

- Beginners who need to learn a safe and effective routine.
- Those hitting a plateau and have a desire to reach new goals.
- Those who are continuing physical therapy or recovering from an injury.
- Anyone who desires expert motivation!

Register at [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody).



**Calvin Banks**



**Ilene Mueller**



**Nicole Mcarthy**



**Erin Sievers**



**Georgette Rickard**

## Group Exercise Classes

Numerous Group Exercise classes are offered at the Community Center for different skill levels and intensities. Classes include Zumba, cycling, circuit training, stretch, yoga, water aerobics and more. To view our full class schedule or to register visit, [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody).



## Group Training Options

### Transformers

(Ages 16+) People tend to work harder within a team than they do on their own. That's why Transformers Group Training will challenge you. This six week program can aid in weight loss, improve muscular strength, endurance, flexibility and cardio output. It can also decrease body fat, lower resting heart rate and blood pressure. Each week includes fun fitness/nutrition challenges. At the end of the session, we reassess to see how far you have come and set new goals for the next session!

### Level UP Youth Training

(Ages 12-16) This six week, youth group training program is designed to develop and enhance overall athletic performance and confidence through strength training and cardiovascular exercises. Participating in this group strength and conditioning program will teach your child how regular exercise and proper strength training leads to a healthy lifestyle. Making fitness and proper strength training a priority as a teenager will build a foundation to promote a lifelong commitment to exercise and health.

Register at [www.marylandheights.com/mindbody](http://www.marylandheights.com/mindbody).

## Blue Birds

Monday-Friday, August 30-May 27

9:00 a.m.-12:00 p.m.

Monday, Wednesday, Friday, August 30-May 27

1:00-4:00 p.m.

Tuesday, Thursday, August 31-May 26

1:00-4:00 p.m.

(Ages 4-5 for a.m. or 3-4 for p.m.) This nine month program introduces children to art, physical education, music and the outdoors while maintaining a constant emphasis on manners and socialization. Students are placed in smaller groups through the day. Both a.m. and p.m. sessions maintain the same curriculum. This is a contracted program and payment is due on the first of the month in August, November, January and March.

### Fee: Five Days a Week:

- M/R: \$2,160 (\$540 due per payment)

- NR: \$2,420 (\$605 due per payment)

### Monday, Wednesday, Friday:

- M/R: \$1,296 (\$324 due per payment)

- NR: \$1,452 (\$363 due per payment)

### Tuesday, Thursday:

- M/R: \$864 (\$216 due per payment)

- NR: \$968 (\$242 due per payment)

For additional information regarding registration and availability, contact Tracey at [twhitaker@marylandheights.com](mailto:twhitaker@marylandheights.com).



## Play Center

**Our Play Center is currently closed due to St. Louis County Restrictions. See "Stay Connected" on page 5 for the best way to get notified once we reopen.**

(Ages 6 months-9 years) Drop off your child at the Play Center for up to two hours of playing and socializing while you work out or participate in a program at the Community Center. You must remain inside the Community Center at all times.

## Birthday Party Packages

Due to COVID-19 restrictions, we are not currently taking reservations for birthday parties at the Community Center. See page 5 for the best ways to stay up to date once we start taking reservations.



## Facility Group Rates

Bring your group to the Community Center to spend time in our indoor pool and gym! Group rates are for 3 hours on weekdays and for groups of 15-50 people at \$6/person. Groups must be booked at a minimum of three weeks in advance. Group reservations are subject to available dates/times. To book your group, contact Britney at [bmoore@marylandheights.com](mailto:bmoore@marylandheights.com) or (314) 738-2548.

## Lock-In Packages

**Friday & Saturday Nights**

**10:00 p.m.-6:00 a.m.**

**or 10:00 p.m.-2:00 a.m.**

Whether you are planning a high school graduation celebration, a church group retreat or an all-night party, the Maryland Heights Community Center is the perfect destination for an unforgettable lock-in. You have access to the Indoor Aquatic Center and all of its amenities, the Gymnasium, the Millennium Rooms with an attached catering kitchen, lobby, Meeting Room and Celebration Room. You can book an entire night or a mini lock-in which ends at 2:00 a.m. For more information, visit [www.marylandheights.com/mhcc](http://www.marylandheights.com/mhcc) or contact Travis at [tcooksey@marylandheights.com](mailto:tcooksey@marylandheights.com) or (314) 738-2563.



## Room Rentals

Six rooms are available to rent and can be the perfect space for birthday parties, baby showers, meetings and much more. Microphones, projectors and dance floor are available for an extra fee. Room rentals can be made up to one year in advance with a minimum of three weeks before the event date. All room rentals require a refundable \$75 damage deposit per room. Full payment and damage deposit are due at the time of reservation. To request a room rental packet, please contact Debbee Adams at [dadams@marylandheights.com](mailto:dadams@marylandheights.com).

- **Celebration Room:** This room is connected to the Aquatic Center and is used for birthday parties.
- **Infinity Room:** This room is located on the upper level and has an adjoining kitchen, also available to rent.
- **Meeting Room :** Meeting Room is a small conference room located on the main level just off of the lobby. This room includes a wall-mounted TV.
- **Millennium Rooms A, B and C:** The Millennium Rooms can be split into three separate rooms or opened as one large space. The Millennium Kitchen is attached to Millennium Room A and has a serving window. All Millennium rooms have access to a private courtyard.

Number of Hours for Rental					
2	4	6	8	10	Setup/Capacity**
<b>Celebration Room</b>					
R: \$50 NR: \$60	R: \$100 NR: \$120	N/A	N/A	N/A	Party: 25
<b>Infinity Room</b>					
N/A	R: \$160 • \$200* NR: \$192 • \$240*	R: \$240 • \$300* NR: \$288 • \$360*	R: \$320 • \$400* NR: \$384 • \$480*	R: \$400 • \$500* NR: \$480 • \$600*	Party: 80 Theater: 80
<b>Meeting Room</b>					
R: \$50 NR: \$60	R: \$100 NR: \$120	N/A	N/A	N/A	Conference: 16
<b>Millennium A</b>					
N/A	R: \$200 • \$260* NR: \$240 • \$320*	R: \$300 • \$390* NR: \$360 • \$480*	R: \$400 • \$520* NR: \$480 • \$640*	R: \$500 • \$650* NR: \$600 • \$800*	Conference: 48 Party: 120 Theater: 160
<b>Millennium B or C</b>					
N/A	R: \$160 NR: \$192	R: \$240 NR: \$288	R: \$320 NR: \$384	N/A	Conference: 40 Party: 80 Theater: 100
<b>Millennium A, B and C</b>					
N/A	R: \$520 • \$580* NR: \$624 • \$704*	R: \$780 • \$870* NR: \$936 • \$1,056*	R: \$1,040 • \$1,160* NR: \$1,248 • \$1,408*	R: \$1,300 • \$1,450* NR: \$1,560 • \$1,760*	Conference: 128 Party: 328 Theater: 360
<b>Millennium A and B</b>					
N/A	R: \$360 • \$420* NR: \$432 • \$512*	R: \$540 • \$630* NR: \$648 • \$768*	R: \$720 • \$840* NR: \$864 • \$1,024*	R: \$900 • \$1,050* NR: \$1,080 • \$1,280*	Conference: 80 Party: 200 Theater: 260
<b>Millennium B and C</b>					
N/A	R: \$320 NR: \$384	R: \$480 NR: \$576	R: \$640 NR: \$768	N/A	Conference: 80 Party: 160 Theater: 200

\*Includes attached kitchen. \*\*May be affected by individual room setups as well as current COVID-19 guidelines.

Extras				
After Hours Alcohol Fee*	After Hours Fee**	Dance Floor	Microphone	Projector
\$65/hour	R: \$50 • NR: \$60	\$75	R: \$50 • NR: \$60	R: \$50 • NR: \$60

\*If renting Friday after 8:00 p.m. or Saturday or Sunday after 5:00 p.m.

\*\*One time fee if renting Friday after 8:00 p.m. or Saturday or Sunday after 5:00 p.m.

## Dogport

**2490 McKelvey Woods Ct.**

Bring your four legged friend to the City's off-leash dog park to play while accompanied by responsible owners. This four-acre park is located on McKelvey Woods Court just north of Aquaport. Dogport has an area for small dogs (30 pounds or less) and a separate area for large dogs (30 pounds and over). Limit two dogs per handler.

### Registration

Bring current Rabies and Bordetella vaccination records to the Maryland Heights Community Center during normal business hours. Residents need to bring proof of residency and a photo ID. Bridgeton residents need to bring their current Bridgeton resident ID. All dogs must be six months or older and spayed or neutered in order to purchase a membership. All memberships expire on December 31. For more information, call (314) 738-2599.



**Register January 1-June 30:**

**R: \$30 (\$5/additional dog) • NR: \$60 (\$10/additional dog)**

**Register July 1-Dec. 31:**

**R: \$15 (\$5/additional dog) • NR: \$30 (\$10/additional dog)**

For a full list of rules and regulations, visit [www.marylandheights.com/dogport](http://www.marylandheights.com/dogport).



## Eise Memorial Park

**12103 Bourbon St.**

Gerald A. Eise Memorial Park, a neighborhood park, is located in the David Meadows Subdivision. Parking is limited to less than ten vehicles. No pavilion reservations are accepted at Eise Park.

**Amenities:** Basketball (half court), Little Free Library, one pavilion that seats approximately 25 people, picnic tables with barbecue grills, playground, restrooms, splash pad, walking path



## Fee Fee Greenway

**Trailheads at Aquaport and Creve Coeur Park**

The 2.73 mile Fee Fee Greenway, formerly McKelvey Woods Trail, is the first public off-road trail that Maryland Heights has been a part of creating. Completed via collaboration with Great Rivers Greenway and securing federal funding through grants, the trail takes users from Aquaport all the way to Creve Coeur Lake and its many recreational opportunities. This includes linking to the Katy Trail.

## McKelvey Woods Nature Park

**2530 McKelvey Rd.**

A short walking trail ends with a peaceful location to bird watch, observe nature or to simply enjoy the outdoors.

**Amenities:** Walking trail, picnic tables

## McKelvey Woods Park

**2480 McKelvey Woods Ct. (in front of Dogport)**

McKelvey Woods Park provides a great location to begin or end your journey on the nearby Fee Fee Greenway with restrooms and picnic tables to stop and take a quick break. This park also features a playground.

**Amenities:** Playground, pavilion with picnic tables, restrooms

**All parks are open sunrise to sunset with the exception of City sponsored programs and events.**

## Parkwood Park

### 3145 Parkwood Lane

Located next to Parkwood Elementary School and near Holy Spirit Catholic Church, Parkwood Park features a 0.7 walking path with fitness stations to keep you active, as well as a playground among other features.

**Amenities:** Green space, fitness stations, Little Free Library, pavilion, picnic sites with barbecue grills, playground, restrooms, walking trail



## Quiet Hollow Park

### 12469 McKelvey Rd.

Quiet Hollow is home to the state-of-the-art Fitness Court, an outdoor bodyweight gym facility that features 30 individual pieces of equipment, a shock-resistant sports flooring and exercise stations that allow for up to 28 individuals to workout at the same time. You can download the free app, available on Apple and Android and learn about the different stations, be led through workouts and enter into challenges. For those looking for more of a leisure activity, this park also has a walking trail, park benches and picnic tables. There is limited parking and there are no restroom facilities at Quiet Hollow.

**Amenities:** Fitness stations, picnic tables, walking path (there are no restrooms at Quiet Hollow Park)



## Vago Park

### 2700 Fee Fee Rd. (Midland Ave. and Fee Fee Rd.)

Vago Park spans 20-acres and includes numerous amenities including a baseball field, pavilions and sand volleyball court that are available for rent.

**Amenities:** Baseball field with lights, fitness course, five horseshoe pits, Judy Barnett Memorial Scented Garden, multi-purpose court with basketball goals, three pavilions available for rent, picnic sites with barbecue grills, three playgrounds including handicap accessible play structures, restrooms, sand volleyball court, splash pad, walking/jogging track

### Baseball Field and Sand Volleyball Court Rental:

A minimum of two weeks notice is required for booking the baseball field or sand volleyball court. Reservation fees are refundable only if cancellation is received at least 14 days in advance. Contact Britney Moore at [bmoore@marylandheights.com](mailto:bmoore@marylandheights.com) or (314) 738-2548 for reservations.

**Fee: R: \$10/hour (Add \$10 for lights)**

**NR: \$15/hour (Add \$10 for lights)**

### Pavilion Rentals:

The American Legion Pavilion (120 people), Kiwanis Pavilion (100 people) and Maryland Heights Pavilion (100 people) are available for reservation any day of the week, April through October. Reservations must be made in person at the Maryland Heights Community Center. A written request must be received 14 calendar days in advance for full refund. Contact the Community Center at (314) 738-2599 for reservations.

**Fee: R: \$40/date • NR: \$65/date • Non-profit: \$20/date**  
(Must have 501C3 with a Maryland Heights address.)

## Afternoon Flicks

Monday, May 10: Murder on the Orient Express

Monday, June 14: When We Last Spoke

Monday, July 12: Sully

2:00 p.m. • Community Center

Come watch great films with friends at the Community Center. Popcorn and water will be provided. There is no cost to attend, but please RSVP with Nancy by calling (314) 738-2552 by the Friday before each screening. This program fills fast, so register today!

**Fee: Free**

## Brown Bag Bingo

Monday, May 24 • June 28 • July 26

12:00 p.m. • Community Center

Pack your brown bag lunch, drink and enjoy Bingo with friends. Lunch starts at noon and bingo at 12:30 p.m. Prizes will be awarded. This program fills fast, so register today!

**Fee (per session): \$8**

## Mammography Van Screening

Friday, August 20 • 8:00 a.m.-2:00 p.m.

Community Center

(Ages 55+) The digital Mobile Mammography Service Van is sponsored by the Missouri Baptist Medical Center and provides a convenient and easy way to screen for breast cancer. Please check with your medical insurance provider to verify your benefits and eligibility. Make sure you have your insurance card, physician's name and phone number and a form of identification at your appointment. Free mammograms may be available to women ages 40-64 without insurance.

**Fee: Varies based on insurance**

Call (314) 996-5170 to schedule an appointment.

## Mature Matters Newsletter

(Ages 55+) Stay in the know with the free bi-monthly newsletter written just for the older residents of Maryland Heights. Stay up to date on upcoming programs, luncheon entertainment schedules, Monday Meet and Greet topics and upcoming trips. Plus, keep up to date on other important information relevant to older adults in our community. To sign up to receive a printed copy of Mature Matters, contact Nancy at (314) 738-2552 or [nwhitener@marylandheights.com](mailto:nwhitener@marylandheights.com).

## Monday Meet and Greet

First Monday of the Month

10:30-11:30 a.m. • Community Center

(Ages 55+) Each month will feature a different topic or speaker to pique your interest. Grab some coffee and donuts and settle in for some great information. Past speakers have included the St. Louis Zoo, Botanical Gardens, Maryland Heights Police and Fire District. Participants help with planning future topics. Upcoming topics are advertised through Mature Matters.

**Fee: Free**

## Such Great Heights Book Club

Monday, May 10 • The Oregon Trail

Monday, June 14 • This Tender Land

Monday, July 12 • Swan

Monday, August 9 • Month Off

7:00 p.m. • Virtual via Zoom

(Ages 18+) This friendly group welcomes anyone interested in sharing a mutual love of books. Meetings are through Zoom. If you would like to join, email Sue Herrmann at [CSWherr@outlook.com](mailto:CSWherr@outlook.com).

**Fee: Free**

## Spirit of Peoria River Cruise

Wednesday, October 6 • 8:00 a.m.-3:00 p.m.

Our day starts boarding the motorcoach and heading to Grafton, Illinois. There, we'll hop on the majestic paddle wheeler "Spirit of Peoria" for an hour and half sightseeing cruise down the Mighty Mississippi. After, we head to Godfrey, Illinois for lunch at Josephine's Tea Room and Gift Shop. Lunch will be your pick of three half sandwiches with soup or salad with desert included. There will be time to shop before departure.

**Fee: M: \$71 • R: \$78 • NR: \$85**

## VanGo

Runs Monday-Thursday • 9:00 a.m.-3:30 p.m.

VanGo gets you where you need to go. For a one-time yearly fee, riders receive curb-to-curb service to a variety of places in a set area for medical appointments, essential shopping, errands and Community Center activities. All VanGo memberships expire on December 31 of each year. For more information on policies and schedule or to request a VanGo packet, call (314) 738-2599.

**Fee: January-July: \$30 • July-December: \$20**



## Maryland Heights Summer Camp

**Weekly Monday-Friday, June 7-August 13**

**9:00 a.m.-4:00 p.m. • Vago Park & Community Center**

(Ages 6-12) We have re-imagined Maryland Heights Summer Camp for 2021! Campers will be broken into smaller groups of kids in their age group and spend their days participating in a variety of games, activities and crafts. Each week will have a different theme to keep kids engaged including:

- Welcome to the Jungle
- Mad Science
- It's a Circus
- The Great Outdoors
- Superhero
- Out of this World
- Red White & Blue
- Olympic Week
- Tropical Vacation
- Mystery Week

Each Thursday, you will drop off your child at the Community Center where they will spend the morning playing games and then walk to Aquaport for an afternoon of swimming! Extended care is available for an additional cost. Deadline to register is Wednesday the week prior at noon.

**Fee (per week): M: \$130 • R: \$155 • NR: \$180**

Register at [www.marylandheights.com/camps](http://www.marylandheights.com/camps).

## Maryland Heights Summer Camp Extended Care

**Weekly Monday-Friday, June 7-August 13**

**7:00-9:00 a.m. or 4:00-6:00 p.m.**

**Vago Park & Community Center**

Our extended a.m. and p.m. care program is a great way for campers to relax before or after a day of camp. This is a non-structured program where kids play games, craft or enjoy open play time. Fees must be paid in full at the time of registration and will not be pro-rated on day-to-day needs. Registrations can be made until the Sunday before each week of camp.

**Fee (per week): A.M. Care: \$35/child**

**P.M. Care: \$35/child**

Register at [www.marylandheights.com/camps](http://www.marylandheights.com/camps).



CAMPS

## Busy Bees Camp

**Weekly Monday-Friday, June 7-July 30**

**9:00 a.m.-3:00 p.m. • Community Center**

(Ages 3-5) Introduce your child to summer camp where they will play on the playground, have fun in the gym and do a variety of activities and crafts.

**Fee (per week): M: \$100 • R: \$120 • NR: \$135**

Register at [www.marylandheights.com/camps](http://www.marylandheights.com/camps).



## Safety Town

**Monday-Friday, June 14-25 • July 5-16 • July 19-30**

**9:00 a.m.-12:00 p.m. • Community Center**

(Ages 3.5-5) With each session conducted by a Maryland Heights Police Officer, kids learn the importance of signals and signs, proper seatbelt use, the dangers of home poisons, using caution with animals, dealing with strangers, home fire safety and much more.

**Fee (per session): M: \$40 • R: \$45 • NR: \$50**

Register at [www.marylandheights.com/camps](http://www.marylandheights.com/camps).



## Maryland Heights Theater

(Ages 8+) Did you know Maryland Heights Theater is looking for actors and actresses? We are looking for people ages 8 and older to perform in upcoming shows. No experience necessary! Contact Ashley at [agiebe@marylandheights.com](mailto:agiebe@marylandheights.com) to be put on the mailing list for upcoming shows.



## Maryland Heights Theater Presents Young Sherlock

Friday, December 3 • 7:30 p.m.

Saturday, December 4 • 7:30 p.m.

Sunday, December 5 • 2:00 p.m.

(All Ages) Take a trip back in time to when young Sherlock Holmes was a student at Butterworth Academy. Two girls are kidnapped from the school and John Watson hopes his friend and classmate will be able to solve his first crime. Despite being a psychic, Madame Lulu appears on the scene and guarantees to find the students. The bumbling, inept Constable Bing begins his own investigation.

When the psychic suddenly finds the girls after the parents have paid the large fee demanded in the mysterious ransom note, Sherlock

is suspicious. He sets a trap to snare the criminal, launching his career as a great detective who can solve crimes even before the police can.



## Visual Art Series

Visit the Community Center and the Government Center lobbies during business hours to view professional works from artist in your own community, free of charge. **Due to COVID-19 restrictions we do not currently have any work on display for the Visual Art Series.** If you'd like to be considered or someone you know would like to have their art displayed, please contact Jennifer at [jvandyke@marylandheights.com](mailto:jvandyke@marylandheights.com).

## Paint & Sip

Thursday, April 8 • 6:00-8:00 p.m. • Community Center

(Ages 16+) Get ready for spring with this fun flower painting! This amateur painting class features simple step-by-step instruction by Artherapy Studios to help you create a stunning acrylic painting on 16" x 20" stretched canvas. Paint outside the lines, no two paintings will be the same. We will help you create your vision! Bring your favorite wine or beer and snacks and enjoy our relaxed yet structured atmosphere with music where you become the artist!

Fee: M: \$38 • R: \$42 • NR: \$46

Register at [www.marylandheights.com/webtrac](http://www.marylandheights.com/webtrac).





## Sculpture on the Move

Currently on display:

- "Grandiloquence" by Jillian Springer at the entrance to Vago Park (pictured above)
- "Growth" by Don and Carol Horstman near the intersection of Millwell Drive and Midland Ave. (pictured below)

Sponsored by the Creative Communities Alliance, of which Maryland Heights is a founding member, the regional Sculpture on the Move Program is designed to foster relationships between communities and artists. This program makes it as easy as possible to install high-quality, original artwork in communities, as well as enhance public spaces with minimal cost on a short-term commitment. Be on the lookout for new sculptures around Maryland Heights this summer.



## Hip Hop

**Wednesdays, June 9–July 28 • 6:30–7:20 p.m.**

**Community Center**

(Ages 6–10) This class introduces the high-energy style of hip hop and pop dynamics with an emphasis on body movement and rhythm. Students work on body isolations and movement in a fun and relaxed atmosphere. Participants have the opportunity to choreograph moves and incorporate their own style. Age appropriate music is played.

**Fee: M: \$43 • R: \$48 • NR: \$53**

Register at [www.marylandheights.com/dance](http://www.marylandheights.com/dance).

## Tap & Ballet

**Wednesdays, June 9–July 28 • 5:30–6:20 p.m.**

**Community Center**

(Ages 4–6) Students learn basic tap sounds and steps, and combine them into rhythmic dance phrases. They also learn the five ballet positions, short barre sequences, across the floor progressions and mini center-floor combinations. Children are given time to explore movement and express themselves through dance. Tap shoes and ballet slippers are required.

**Fee: M: \$43 • R: \$48 • NR: \$53**

Register at [www.marylandheights.com/dance](http://www.marylandheights.com/dance).



FREE TO ATTEND

# BIKE RODEO

**SATURDAY, APRIL 17 • 10:00 A.M.-12:00 P.M.**  
**GOVERNMENT CENTER, 11911 DORSETT RD.**

(Ages 7 and under) The Bike Rodeo course will help kids learn how to balance and control their bikes. MHPD Officers will be on hand raffling off two bikes! While the course is geared toward those 7 years and younger, older participants are welcome. Kids will need to bring their own bikes as there will not be any provided by the City.



SPECIAL EVENTS



This event is free but preregistration is required at [www.marylandheights.com/upcoming](http://www.marylandheights.com/upcoming).



## Volunteer Service Day

**Saturday, April 24 • 8:30 a.m.-12:00 p.m.**

(Ages 8+) Make a difference in our community by participating in Volunteer Service Day! You will spend the morning assisting elderly and disabled residents with yard work. Tasks primarily include raking/bagging leaves and may include some weeding or minor shrub trimming. Leaf bags are provided. Volunteers must be 8 years of age or older and are encouraged to bring a rake and work gloves. This is a great opportunity for Scout Troops, civic organizations, church groups, those needing volunteer hours or those just wanting to help!

To register yourself, group or family email [twhitaker@marylandheights.com](mailto:twhitaker@marylandheights.com) or call (314) 738-2547.



## ZUMBA® PARTY

**Friday, April 30 & Friday, September 24**  
**7:00-8:30 p.m.**  
**Centene Community Ice Center**  
**\$10 (per session)**

(AGES 10+) THIS INTENSE TOTAL BODY WORKOUT TAKES THE BASIC 60 MINUTE ZUMBA CLASS TO THE NEXT LEVEL BY EXPANDING IT TO 90 MINUTES. THERE WILL BE MULTIPLE INSTRUCTORS AND ATTENDANCE PRIZES. BE SURE TO WEAR COMFORTABLE SHOES, BRING A SWEAT TOWEL AND BE PREPARED TO MOVE. AGES 10-13 MUST BE ACCOMPANIED BY AN ADULT ATTENDEE. REGISTER EARLY. YOU DO NOT WANT TO MISS THIS PARTY! THE ZUMBA PARTY WILL TAKE PLACE OUTDOORS AT THE CENTENE COMMUNITY ICE CENTER WITH PLENTY OF ROOM TO SPREAD OUT.

Register at [www.marylandheights.com/signup](http://www.marylandheights.com/signup) or call (314) 738-2599.



FREE TO ATTEND



MARYLAND HEIGHTS  
**POP-UP  
MARKET**  
HANDMADE • HOMEMADE • HOMEGROWN

(All ages) Join us at the Community Center the 1<sup>st</sup> Wednesday of the month June-September for the Maryland Heights Pop-Up Market! Shop from a wide variety of handmade, homemade and homegrown vendors including fresh produce, meat products, craft items and more. This family-friendly event also features food trucks and live entertainment.  
June 2 • July 7 • August 4 • September 1 • 4:00-8:00 p.m.  
Community Center

SPECIAL EVENTS

TO BECOME A VENDOR, FILL OUT AN APPLICATION AT [WWW.MARYLANDHEIGHTS.COM/POPUKMARKET](http://WWW.MARYLANDHEIGHTS.COM/POPUKMARKET).



Kids'  
**FISHING  
DERBY**

FREE TO ATTEND

(Ages 4-12) Maryland Heights Parks & Recreation, the Kiwanis Club of Bridgeton and Bridgeton Parks & Recreation Department are sponsoring a FREE Kids' Fishing Derby. Kids need to bring their own rod and reel but bait will be provided. There will be free hot dogs and soft drinks for all participants. Children must be accompanied by an adult. Prizes will be awarded for tagged fish. For more information, contact Ron with the Kiwanis Club of Bridgeton at (314) 739-1553.

**Saturday, June 5 • 9:45-11:00 a.m.**  
**Hellebusch Park**  
**11408 Oak St. Bridgeton**



*Yappy Hour*  
AT DOGPORT

**Thursday, May 6 & Thursday, September 9**  
**6:00-7:00 p.m. • Free for Dogport Members**

Bring your dog to this Dogport members-only social hour! Drinks and treats will be provided for both humans and canines. Meet other members and let your favorite furball burn off some steam in the park while you mingle.



SPECIAL EVENTS

# MARYLAND HEIGHTS SUMMER CONCERT SERIES 2021

- MAY 7 • AQUA-HOLICS • VAGO PARK
- JUNE 4 • ALMOST FAMOUS • PARKWOOD PARK
- JULY 16 • MISS JUBILEE AND THE YAS YAS BOYS • VAGO PARK
- AUGUST 6 • ARVELL & CO. • PARKWOOD PARK
- SEPTEMBER 3 • RUM DRUM RAMBLERS • VAGO PARK

MARYLAND HEIGHTS IS BRINGING LIVE MUSIC TO YOUR OWN BACKYARD! PACK YOUR CHAIRS, PICNIC BLANKETS AND COME LISTEN TO GREAT MUSIC AT VAGO AND PARKWOOD PARKS. OUTSIDE FOOD AND BEVERAGES ARE PERMITTED, BUT NO GLASS CONTAINERS. CONCERTS ARE FREE AND ALL AGES ARE WELCOME.

**SHOWS ARE 7-9 P.M. FOOD TRUCKS AT EVERY SHOW**  
**THIS EVENT IS FREE! BUT PREREGISTRATION IS REQUIRED**  
**AT [WWW.MARYLANDHEIGHTS.COM/UPCOMING](http://WWW.MARYLANDHEIGHTS.COM/UPCOMING).**



**MOVIES START AT DUSK**  
**ROUGHLY 8:00-8:30 P.M. FOR SUMMER MOVIES**  
**7:00-7:30 P.M. FOR SEPTEMBER, OCTOBER MOVIES**

- FRIDAY, MAY 21 • DOLITTLE • COMMUNITY CENTER
- FRIDAY, JUNE 18 • COOL RUNNINGS • VAGO PARK
- FRIDAY, AUGUST 20 • SONIC THE HEDGEHOG  
PARKWOOD PARK
- SEPTEMBER 17 • DORA AND THE LOST CITY OF GOLD  
EISE PARK
- OCTOBER 8 • GOOSEBUMPS • VAGO PARK

BRING YOUR PICNICS, LAWN CHAIRS AND BLANKETS FOR OUR FREE FAMILY MOVIE NIGHT! FOOD AND REFRESHMENTS ARE WELCOME, BUT PLEASE LEAVE THE GLASS BOTTLES AT HOME. THE MARYLAND HEIGHTS POLICE DEPARTMENT AND FIRE DISTRICT WILL BE SUPPLYING PRESHOW ICE CREAM AGAIN THIS YEAR, SO BE SURE TO GET YOUR SPOT EARLY!



**MOVIES ARE FREE, BUT PREREGISTRATION IS REQUIRED**  
**AT [WWW.MARYLANDHEIGHTS.COM/UPCOMING](http://WWW.MARYLANDHEIGHTS.COM/UPCOMING).**



We're celebrating Aquaport's Grand Reopening and want you there with us! This event is free and only Maryland Heights residents and season pass holders will be admitted, so remember to visit the Community Center to renew your Privilege Card or to purchase a season pass!

**FRIDAY, MAY 28 • 5:00-9:00 p.m.**  
**SPACE IS LIMITED! RSVPs REQUIRED**  
[www.marylandheights.com/upcoming](http://www.marylandheights.com/upcoming)

FREE TO ATTEND

SUNDAY JUNE 6 • 10:00 A.M. - 5:00 P.M.  
 COMMUNITY ICE CENTER



(ALL AGES) CELEBRATE DIVERSITY AND DISCOVER THE VARIOUS CULTURES THAT MAKE MARYLAND HEIGHTS SUCH A UNIQUE COMMUNITY. YOU'LL EXPERIENCE FOOD, MUSIC AND PERFORMANCES FROM AROUND THE WORLD AS WELL AS BE ABLE TO SHOP FROM OUR VENDOR MARKETPLACE. KIDS WILL BE ABLE TO ENJOY OUR DEDICATED CHILDREN'S AREA. WE ARE ACCEPTING APPLICATIONS FOR FOOD TRUCKS, FOOD VENDORS AND ART & CRAFT VENDORS. IF YOU ARE INTERESTED IN BECOMING A VENDOR, EMAIL JENNIFER AT [JVANDYKE@MARYLANDHEIGHTS.COM](mailto:jvandyke@marylandheights.com).

WORLD FEST 2021 IS SPONSORED BY:



This event is free but preregistration is required at [www.marylandheights.com/upcoming](http://www.marylandheights.com/upcoming).



# Hot Diggity Dog!

FREE TO ATTEND

WEDNESDAY, JULY 21 • 11:30 A.M.-12:30 P.M.  
PARKWOOD PARK

IN CELEBRATION OF NATIONAL HOT DOG DAY, WE'RE FIRING UP THE GRILL AND SERVING UP FREE HOT DOGS, CHIPS AND DRINKS- WHILE SUPPLIES LAST. STOP BY PARKWOOD PARK TO RECEIVE YOUR FREE HOT DOG LUNCH!

THIS EVENT IS FREE, BUT PREREGISTRATION IS REQUIRED AT [WWW.MARYLANDHEIGHTS.COM/UPCOMING](http://WWW.MARYLANDHEIGHTS.COM/UPCOMING).

FREE TO ATTEND

# Jingle Jangle in July

Saturday, July 24 • 2:00-8:00 p.m.  
Centene Community Ice Center

It may be the middle of summer, but the Ice Center has transformed into a winter wonderland! Get your holiday shopping done early in the vendor area. Purchase a wristband for our kids area and get pictures taken with Santa between 3:00-7:00 p.m. or the Ice Princess, Ice Queen, Ice Prince and Snowman between 5:00-8:00 p.m. Wristbands also allows kids access to the bounce house/inflatables, arts & crafts and more! The day caps off with a free showing of the movie *The Grinch* (2018) at dusk.

**Vendor Area & Movie are Free • Wristband for Activities \$10**

This event is free but preregistration is required at [www.marylandheights.com/upcoming](http://www.marylandheights.com/upcoming).

# LUAU PARTY AT AQUAPORT

WE'RE STAYING OPEN AFTER HOURS FOR A FAMILY FRIENDLY PARTY INCLUDING SWIMMING UNDER THE STARS, GAMES, GIVEAWAYS AND MORE. REFRESHMENTS AND SNACKS WILL BE AVAILABLE TO PURCHASE AT THE CONCESSION STAND.

**FRIDAY, AUG 13 • 7:30-9:30 P.M.**

**SP: FREE • GENERAL ADMISSION: \$5**

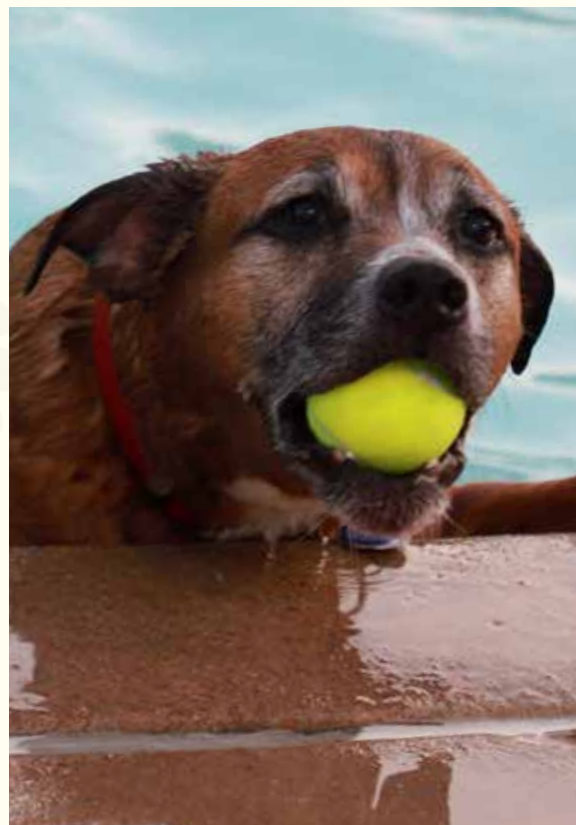


## Dog Days of Summer

Friday, September 10  
5:00-8:00 p.m. • Aquaport

Well-mannered dogs, ages 6 months or older, and their humans are invited to close out Aquaport's season for a fun evening of swimming. All dogs are required to have current vaccination records for rabies and distemper. Dogs will need to be recently bathed and on a leash unless swimming. An adult must accompany children under the age of 18. The Kid's Area will be available for small dogs. No other animals are allowed.

**M/R: \$10 • NR: \$15 • \$5/Additional Dog**



# CHALK THE LOT

SATURDAY, SEPTEMBER 18

BEGINS AT 10:00 A.M.  
JUDGING @ 2:00 P.M. \$5 RESERVES YOUR SPACE

Participants must bring their own chalk. Some chalk will be on hand in case someone runs out or needs extra. Multiple awards and prizes will be handed out for First Place, Most Creative, Best Use of Color, Most Imaginative and more!

# MARYLAND HEIGHTS CITY WIDE SALE!

SATURDAY, SEPTEMBER 25 • 7:00 A.M.-1:00 P.M.  
COMMUNITY CENTER & HOUSES IN MARYLAND HEIGHTS

Clean out your closets, basement and turn your trash into someone else's treasure during the City Wide Sale. Host your sale from home and be included on the official City Wide Sale map or reserve a space at the Community Center.

FREE TO ATTEND

### Home Garage Sale: \$10

Includes balloons to mark your house and listing on the official City Wide Sale map.

### Community Center Spot: \$25

Includes two parking spaces in the north lot of the Community Center. Multiple spots can be reserved. You must provide your own tables, tents and chairs.

### Fill out an application at

[www.marylandheights.com/citywidesale](http://www.marylandheights.com/citywidesale)  
and email to [agiebe@marylandheights.com](mailto:agiebe@marylandheights.com).



# Display Your Vehicle at TONS OF TRUCKS

We are looking for vehicles of all shapes and sizes to display at Tons of Trucks on October 9, 2021! This event will be from 11 a.m.-2 p.m. If you are interested in participating, please contact Ashley at [agiebe@marylandheights.com](mailto:agiebe@marylandheights.com).



## Adult Pickleball Classes

**Mondays, May 17-June 21 • July 12-August 16**

**6:00-7:30 p.m. • Community Center**

(Ages 16+) Learn the game of pickleball and improve your skills through this class designed for beginners and intermediate players. Lessons are taught by U.S. Pickleball Ambassador Gary Stocker, who will instruct and design all classes through interactive play.

**Fee (per session): M: \$57 • R: \$62 • NR: \$67**

Register at [www.marylandheights.com/sports](http://www.marylandheights.com/sports).

## Junior Pickleball Classes

**Mondays, May 17-June 21 • July 12-August 16**

**5:00-5:50 p.m. • Community Center**

(Ages 8-12) Are you looking for a great way to keep your kid active and learn the game of pickleball? Look no further! Pickleball is one of the fastest growing sports across the U.S. This fun sport is a combo of tennis, badminton and table tennis. These classes are perfect for beginner or intermediate players.

**Fee (per session): M: \$35 • R: \$38 • NR: \$42**

Register at [www.marylandheights.com/sports](http://www.marylandheights.com/sports).

## Tiny Tots Sports

**Saturdays, April 17-May 8**

**9:00-9:30 a.m. (Ages 2-3) • 9:35-10:20 a.m. (Ages 4-5)**

**Community Center**

(Ages 2-5) This introductory sports program teaches children the fundamentals of baseball, basketball and soccer including kicking, throwing, running, batting and dribbling. Each child receives a t-shirt.

**Fee (per session): M: \$30 • R: \$33 • NR: \$37**

Register at [www.marylandheights.com/sports](http://www.marylandheights.com/sports).

## Adult Coed

### Sand Volleyball League

**Mondays, April 12-June 21**

**6:30-10:30 p.m. • Vago Park**

(Ages 18+) Teams of up to eight people compete in this coed sand volleyball league at Vago Park. Equipment and officials are included. Only one person needs to register for their team. Deadline to register is one week prior to the start of the season. Full payment is due at time of registration.

**Fee (per team): M: \$175 • R: \$200 • NR: \$225**

Register at [www.marylandheights.com/sports](http://www.marylandheights.com/sports).

## Karate for Kids & Adults

**Mondays, May 10-June 21 • June 28-August 9**

**Wednesdays, May 12-June 23 • June 30-August 11**

**5:00-6:00 p.m. (Tiny Tigers & Kids Beginners)**

**6:00-7:00 p.m. (Kids Intermediate/Advanced)**

**7:00-8:00 p.m. (Adults)**

- **Tiny Tigers Karate** (Ages 4-6) Tiny Tigers offers children a strong foundation in essential character qualities such as courtesy, respect and discipline. This program is designed to improve children's fine motor skills and enhance their abilities to focus and follow directions.
  - **Karate for Kids** (Ages 7-13) Karate for Kids allows participants to build self-confidence, learn self-control and gain peace of mind while developing flexibility, improving physical fitness and learning self-defense.
  - **Karate for Adults** (Ages 14+) Learn the art of self-defense while developing balance, self-confidence, discipline and all around physical fitness. You will learn skills such as throwing and breaking holds.
- Fee (per session): M: \$38 • R: \$42 • NR: \$46**

Register at [www.marylandheights.com/sports](http://www.marylandheights.com/sports).

## Sports Monster

### Adult Rec Leagues

**Locations Vary**

(Ages 18+) We're teaming up with Sports Monster for another season and offering men's and women's basketball leagues. These leagues typically run between 6-8 weeks.

For more information or to

register, visit [www.stlouis.sportsmonster.net](http://www.stlouis.sportsmonster.net), call (314) 395-5580 or email [stlouis.info@sportsmonster.net](mailto:stlouis.info@sportsmonster.net).



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